

NO. 452
A non-Profit Organization
For Retired Men



JANUARY 2014
Devoted to the
promotion of independence and
Dignity of retirement

LUNCHEON-12 NOON - FIRST WEDNESDAY - FREMONT HILLS CC, 12889 VISCAINO PL.LOS ALTOS HILLS

January 8, 2014
SPEAKER

Nathan Bryant
Building strength /Flexibility

Nathan Bryant is a golf professional who specializes in instruction. He was born and raised in the bay area (Fremont). He has a wide variety of sports in his background from swimming to ping pong to darts and soccer. He also played a lot of baseball and at one time was scouted by a couple of major league teams.

Nathan knows quite a bit about the human body and places great emphasis on core strength and flexibility. He will help us with a discussion about posture and daily routines and things we need to do enhance our daily lives. There will also be a small period of time dedicated to involving us to help us participate in activities that we may want to participate in but may not feel physically able to.

FUTURE SPEAKERS

- Feb 5th**: Ron Lynn from Stanford football
- March 6th**: John Rick – Chavin excavation of a Pre-Mayan civilization in Peru
- April 2nd**: Ray Nasr about Silicon Valley Trends

NEW MEMBERS

ROBERT BURTON (Bob/Louise) 650-941-1300
411 Juanita Way, Los Altos 94022
Prudential Securities
SPONSORS: Sam Meredith/Walt McCullough

CRAIG CARPENTER (Craig/Lindsay)
68 Bay Tree Lane, Los Altos 94022
craighoops@hotmail.com
Carpenter Communications
Travel-Golf-coaching grandkids
SPONSORS:McCullough/Meredith

JAMES T. CUNNINGHAM (Jim/Dee)
24601 Summerhill Ct. Los Altos 650-948-7809
Jaimedee2@aol.com
Dentist – Tennis-Hiking-Travel-Skiing
SPONSORS: McCullough/Meredith

JOSEPH A. GRIPPO (Joe/Nancy) 650-948-2130
24490 Amigos Ct. Los Altos Hills
jagrippo@sbcglobal.net SRI/Biotech
Running – Stocks – accordion
SPONSORS: Meredith/McCullough

GEORGE LIMBACH (George/Ann)
61 Angela Dr. Los Altos 94022 650-948-4172
Patent Lawyer – Tennis – Guide to Intellectual
Property Matters
SPONSORS McCullough/Meredith

BOB LLOYD dyollbob@email.com
1942 Colleen Dr.. Los Altos
IBM – Tennis, Golf SPONSOR: Bill Kamin

RUSSELL J. PORTER (Russ/Sally)
1100 Sharon Park Dr. Menlo Park Ca 94025
Rjporter7@aol.com 650-234-1212
IBM Tennis/Biking

**IF ANY MEMBER HAS ANY
SUGGESTIONS REGARDING SPEAKERS
PLEASE CONTACT
INCOMING LITTLE SIR: Rick McLain
408-629-8170**

WEBSITE

www.sir51.org

SIR Branch #51 now has a website thanks to MARC COHEN.

Check out the site for back issues of the newsletter and information about activities. Please notify Marc at 650-961-4882 if you have any suggestions for the site

SIR HAPPENINGS

The latest issue of SIR Happenings Was released in early December for information about statewide Activities of SIR go to SIR HAPPENINGS <http://www.sirinc.org/sirhappenings/>

ACTIVITIES



BRIDGE: If you would like to play bridge for an hour or so after a meeting please call BOB WARD (650-592-8545) or e-mail at [bandlward\(at\)sbcglobal.net](mailto:bandlward(at)sbcglobal.net). There is almost always a game after our luncheon.

MACINTOSH USERS

Skip Ross 541-857-6224
waross@closereach.com

Contact Skip Ross to join this e-mail group where SIR members in all branches can exchange MAC-related news, get answers to questions and share experiences.



COMPUSIR is now part of the Palo Alto – Stanford users group (pa-spaug) Meetings are still held the SECOND WEDNESDAY of each month at 7:15 pm. at The PALO ALTO ELKS LODGE 4249 EL CAMINO REAL – PALO ALTO For entry, use the announce button on the pedestal to the left of the door. The meeting is upstairs. (elevator available past the stairway). More information at www.pa-spaug.org.

No Meeting was held during December **Jan 8th** – should be next scheduled meeting Watch the web site

Computer Special Interes Groups

Special Interest Groups —(SIGs) meet at [Central Computer](#) , Santa Clara, Monday evenings at 7pm. (For more information – [SVUGA](#) the Silicon Valley User Group Activities web site features SPAUG and SVCS among other local organizations.)

Build It Yourself SIG — contact/leader: Fred Townsend

Windows SIG — contact/leader: Kevin Lynn

Digital Imaging SIG — contact/leader: George Hamma & Richard Eggers

Web SIG — contact/leader: Maury Green

JIM DINKEY (493-9307)



GOLF: The following months' schedules are:

DECEMBER

03 TUE Sunnyvale	09:30	01 Wed No game this week
11 Wed Santa Clara	10:00	07 TUE Sunnyvale 10:00
18 Wed Poplar Creek	10:15	15 Wed PoplarCreek 10:15
25 No golf – this week		22 Wed Shoreline 10:00
		29 Wed Los Lagos 10:00

JANUARY

October Leader Board

<u>GROSS</u>		<u>NET</u>	
1-Ned Miller	81	1-Tony Hanley	61
2-Jim Cummings	83	Norv Steele	61
3-Jim Stanford	84	3-Jim Stanford	63
4-Tony Hanley	85	Bob Guffey	64
5-Ben Guess	87	5-Art Lewis	65
6-Roy Deffebach	88	Ned Miller	65
7-Bob Guffey	89	7-Roy Deffebach	66

PLEASE BE AT THE COURSE AT LEAST ONE HOUR BEFORE THE FIRST TEE TIME.

All of the golf courses we play require a player count 7 to 14 days prior to play date. Please call or e-mail JIM CUMMINGS (650-328-2168) if your play or no-play commitment changes.

KAI JOHANSEN (853-2493)



TENNIS: Our tennis group meets Mondays and Thursdays at

Rinconada Park in Palo Alto.

Please be there by 8 AM when doubles teams will be formed. Later arrivals will Play as sets are completed. We play an open spin-in doubles format. Play level is about 2.5. We welcome non-SIRS so bring a friend.

Bill Kamin (322-4300)



SIRS ON BIKES: SIR Area #16 bike rides regularly start at 11:00 AM the **2nd Thursday of the month.** Wives and Guests are welcome.

Bring bike, helmet and a jacket if it is windy. Rain will cancel. Attendance averages 10-15 riders. More are welcome. Rides are planned to be 15-20 miles on paved bicycle trails (so that almost any type of bike is usable) with some optional ride distances. The pace is moderate and riding on streets is kept to a minimum and includes a restaurant lunch break.

2nd Thursday – January 9th – 11:00 AM
Stevens Crk Trail/Shoreline Park (Mt. View)

Ride: We will ride a flat 14-mile round-trip to Michael's Restaurant in Shoreline Park, plus an optional 5-mile loop to the Palo Alto Duck Pond, near the Palo Alto Airport (a total ride of 19 miles). Lunch will be at Michael's.

Directions: Meet at the south end of the Stevens Creek bike path at the corner of Sleeper Ave. and Franklin Ave. From Palo Alto, go south on El Camino, to Grant Rd.; turn right. The first street past the 3rd traffic signal is Sleeper Ave.; turn left. Go 8 blocks to the end of Sleeper Ave. to a small park. Park your car along the curb.

To ride or info contact Jerry butler or Karl Resick

<u>CHAIRMAN</u>		<u>ALTERNATE</u>
Jerry Butler		Karl Resick
650-494-8078	OR	650-941-8837
gxb366(at)aol.com		karl.resick(at)Stanfordalumni.org

FUTURE RIDES

- Feb 13: Coyote Creek (So. San Jose)
- Mar 13: Coyote Hills-Alameda Creek (Fremont/Niles)
- Apr 10: Foster City Bay Trail
- May 8: Brisbane Bayshore Trail
- Jun 12: Guadalupe Tr.-Alviso to San Jose
- Jul 10: Los Gatos Creek Trail
- Aug 14: Stevens Creek/Shoreline Park (Mt. View)
- Sep 11: Mt. View to Alviso
- Oct 9: Coyote Hills-Alameda Creek (Fremont/Niles)
- Nov 13: Foster City Bay Trail
- December: No Ride



The winter hours (until daylight savings starts) are Tuesday, Thursday and Saturday at 1:30 Please be there by 1:00 for the start time of 1:30. Experienced players should show up 30 minutes early to be entered into the draw for teams. **FREE COACHING IS AVAILABLE FOR NEW PLAYERS.**

DON HUGHES (323-9916)



INDOOR BOWLING: (BRANCHES 5, 35 & 51) We bowl on a handicap system, so all have an equal chance.

Each season teams are revised and always have a mix of players by ability. **Tuesdays at Homestead Lanes: Homestead and Stelling in Sunnyvale.** Be there by **12.45.** **New bowlers are always welcome at any level of experience.** If you're new, it's easier if you call me in advance so we will be prepared.

SEASON HIGH SCORES

SCRATCH SERIES		SCRATCH GAME	
Bob Taggart	540	Al Runge	228
Doug Anderson	507	Ron Nakamoto	199
Tim Eastham	486	Chuck Huff	192
HANDICAP SERIES		HANDICAP GAME	
Jerry Coe	692	Hal Knowlton	267
Bill Webster	668	Jeff Grundy	244
Roy Robinson	655	Harold Kaye	244

Bill Finkemeier (323-2177)

NON-RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons in Retirement, Inc., and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc., and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

BRANCHES 5, 16, 35 & 51 TRAVEL NEWS



Numerous Trips are available through SIR statewide through the state publication SIR HAPPENINGS. Use the website: www.sirinc.org click travel
Albuquerque Balloons
Cruise Canada/New England
Branson
Provence to Paris
Christmas on the Seine
Cuba and more

All changes in address and/or telephone number must be reported to the Membership Committee Chairman:
Tim Eastham, 2110 Ward Way, Woodside, Ca 94062 (650-366-2449).

SIR BRANCH #51 OFFICERS AND COMMITTEE CHAIRMEN

EXECUTIVE COMMITTEE

Big Sir: Jim Cochran	968-9049
Little Sir: Channell Wasson	321-0808
Secretary: Carl Otto	321-3945
Asst. Sec.: Rick McLain	408-629-8170
Treasurer: Myron Hollister	867-4784
Asst. Treasurer: Marc Cohen	961-4882
Director: Sam Meredith	325-4152
Director: Roger Murray	329-8832
Director: Jim Cummings	328-2168
Director: Tim Eastham	366-2449

ACTIVITIES CHAIRMEN

Bowling, Indoor: Bill Finkemeier	323-2177
Lawn Bowling: Don Hughes	323-9916
Bridge: Bob Ward	592-8545
Bicycling: Jerry Butler (Br. 35)	494-8078
Compusir: Jim Dinkey (Br 35)	493-9307
Golf: Kai Johansen	853-2493
Tennis: Bill Kamin	322-4300
Travel: Art Lloyd	384-6424

ADMINISTRATIVE CHAIRMEN

Attendance: Arjun Godhwani	510-490-7503	Luncheon Coordinator: Bill Finkemeier	323-2177
Audit: Don Hughes	323-9916	Luncheon Programs: Channell Wasson	321-0808
Bulletin: Jim Cummings	328-2168	Membership: Tim Eastham	366-2449
E-Mail Contact: Art Lewis	964-3223	New Members: Roger Murray	329-8832
Good Samaritan: Charlie Lomax	948-6702	New Member orientation: Roy Deffebach	631-0585
Greeters: Norv Steele & Al Runge	408-243-2620	Nominating Committee: Bob Guffey	593-3496
Historian:		Special Events: Bob Guffey	593-3496

SIR #51
TIM EASTHAM
2110 WARD WAY
WOODSIDE, CA 94062